

Here's what our clients
have to say...

"Senior Solutions' Home Care found a wonderful caregiver to help us with Mom. She's become like part of the family."



"Your organization has been a godsend to my family over the past few months. Thank you for going beyond the call of duty to provide excellent care management for my mother."



"Most months, I write 'thank you' on my check and that's it. This month, I want to say I honestly don't know how I could be independent and living in my home without Senior Solutions helping me!"



"Thank you for all your support and help through this trying time. I am so glad that I found you!"

★ Care Management Services

Our Aging Life Care Professionals™, also known as CARE MANAGERS, are professionals who have extensive experience and knowledge of the aging process and related challenges. Senior Solutions' Care Managers are social workers and nurses who assist clients, client family members, and responsible parties with complex situations involving health, advocacy, legal issues and legal resources, housing and long term care living, education and crisis intervention. We provide comprehensive, professional care management assessments and can assist in the following areas:

- ★ Provide guidance and education to clients and their families regarding long term care planning.
- ★ Provide medical management by attending physician appointments, facilitating communication and monitoring adherence to medical instructions.
- ★ Provide family caregiving coaching.
- ★ Act as a liaison to families at a distance.
- ★ Identify and engage community resources, provide consumer education and advocacy.
- ★ Evaluate older adult living alternatives.

Serving Lehigh Valley, PA

Proud Member of the following organizations:

Aging Life Care Association - ALCA™
The Pennsylvania Home Care Association
Alzheimer's Association
Lehigh Valley Aging in Place



Senior SOLUTIONS

Home Care & Care Management



Let Us Keep You Safe, Healthy & Independent AT HOME

610.258.0700

www.senior-solutions.com

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★ Our Home Care

Senior Solutions Home Care makes it possible for you to **thrive** wherever you are: your private home, a retirement community or an assisted living facility - wherever you call "home". Our experienced, compassionate team of professionals is always available to assist you coordinate the care services you need.

We understand that flexibility is important and your needs may change over time. That's why long term commitments are not required. You and your loved one decide how much help and assistance you need and the schedule that works best for you. We can begin helping you with a free home care assessment that includes a home safety evaluation.

Let us help you find your perfect caregiver!

★ Our Caregivers

Believing that experience matters, we only employ caregivers who have significant experience caring for seniors and who are truly committed to providing the best care possible. In addition to having the skills necessary to provide exceptional care, our caregivers are experts in establishing supportive relationships – a key element for obtaining true quality of life.

★ Why Choose Senior Solutions?

For over 30 years Senior Solutions has been a trusted leader in the home care industry in the greater Lehigh Valley. Our commitment to exceptional home care and professional care management allows our clients to successfully age in place. We are locally and privately owned, which allows us to be responsive to the needs of our clients in our local community.

Non-Medical Home Care Services

Senior Solutions Caregivers provide "round the clock" services listed below:

★ Personal Care Services

- Bathing/Showering
- Dressing & Personal Hygiene
- Hair, Nail & Skin Care
- Toileting & Incontinence Care
- Mobility Assistance

★ Companion Services

- Shopping & Errands
- Recreation & Outings
- Attending Events & Visiting Friends
- Assist with Hobbies & Crafts
- Companionship & Conversation to prevent Isolation & Loneliness



★ Home Services

- Light Housekeeping
- Laundry, Linens & Bed-Making
- Grocery Shopping & Errands
- Meal Planning & Cooking
- Pet & Plant Care
- Help with Mail, Paperwork & Correspondence
- Medication Reminders

★ Transportation Services

- Physician Appointments
- Prescription Pick-Up
- Events, Meetings & Social Visits
- Transition from Hospital to Home



Specialized Dementia Home Care

When caring for a loved one with Alzheimer's Disease or related dementias, daily life can be extremely challenging. Working with a specialized caregiver certified in Dementia Care, can ease your stress and significantly improve your and your loved ones' well-being.

Senior Solutions' Certified Dementia Care Specialists are specially trained to use positive approaches to care that encourage and enable people who are living with dementia to live to their best possible functional, emotional and spiritual potential.

The benefits of utilizing a Certified Dementia Care Specialist include reducing dementia related fear and anxiety, improving relationships, engaging in memory support activities, increasing daily functioning and enhancing safety.